



North Kilkenny Cycle Loop



Trailhead	The Parade, Kilkenny
Distance	27km
Time	1.5 to 2.5 hours
Terrain	River side roads and rural laneways
Traffic	Caution when cycling along N78 and turning onto Dunmore Cave laneway
To Suit	Leisure self-sufficient cyclists
Minimum Gear	Spare tube, pump, liquids, food, mobile phone



Overview

Starting point: The Parade, Kilkenny

Leaving the Parade, cycle down the hill and turn right at the traffic lights onto Rose Inn Street and past the Tourist Office. Cross John's Bridge and continue to the traffic lights. Turn left at the junction and continue past Padmore & Barnes. Follow the road along Greensbridge Street and go straight through the junction with New Street onto Greens Hill. Follow this road and keep left to take the Bleach Road. Follow this route for 6km until the junction at Hennebry's Cross. Turn right and then take the first exit off the roundabout onto the N78. After 3km turn left at Ballyrafton Wood and continue for 1km until you meet a T junction. Turn right and take an immediate left up a laneway to Jenkinstown Park.

Return back to the main road and turn left, after 1.5km turn right and follow the road until it rejoins the N78. Turn left and after 1km turn right towards Dunmore Caves. Passing the turn for Dunmore Caves continue up hill to a T-junction. Turn right and follow the road for 3km until you come to a T-junction. Turn right at this junction and continue along the road back to Kilkenny City. You pass over the bridge on the Ring Road and turn right at a small roundabout onto the Castlecomer Road. After 200 metres turn right onto Greens Hill and follow this road across the New Road onto Greensbridge Street. Turn right onto Michael Street and at the next cross roads turn right onto John Street. Follow this street across John's Bridge and on to the traffic lights where you turn left for the Parade.