



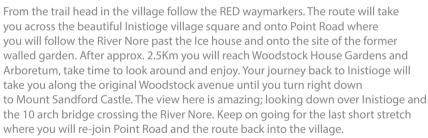


Trailhead	Inistioge Village Car Park
Services	Shops , bars and coffee shops in Inistioge Village
Distance/Time	Woodstock Loop: 4.5Km / 1-1.5hrs
	Ladies Loop: 3km/ 45mins-1hr
High/Ascent	80m/110m
Difficulty	Moderate
Terrain	Forestry tracks and woodland trails
To Suit	All levels of fitness
Minimum Gear	Trekking shoes, rain gear, fluids and mobile phone
Grid Ref.	OS Sheet 68 S635 378

Walk Directions

Woodstock House Gardens and Arboretum can be accessed on foot from Inistioge Village via the Woodstock Loop Walks.

Woodstock Loop - 4.5Km



The Woodstock Loop can also be accessed from the carpark at Woodstock House Gardens and Arboretum.

Ladies Loop - 3Km



From the trail head in the village follow the BLUE waymarkers. The route will take you across the beautiful Inistioge village square and onto Point Road where you will follow the River Nore until you reach the Ice house. After approx. 1.5Km you will turn right off the main route and follow the trail for a further 800m to Mount Sandford Castle. The view here is amazing; looking down over Inistioge and the 10 arch bridge crossing the River Nore. Keep on going for the last short stretch where you will re-join Point Road and the route back into the village.